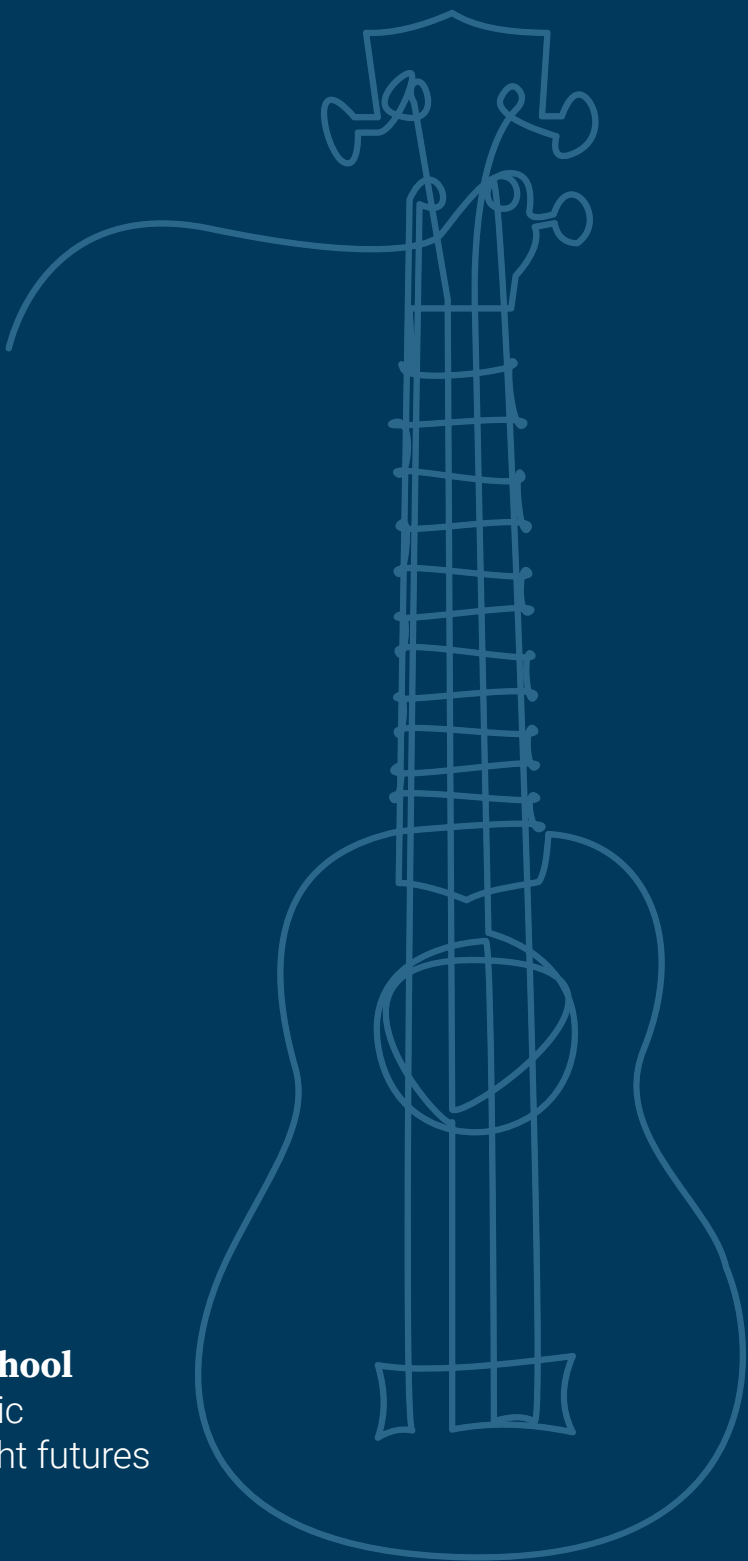




ENRICHMENT



Sancton Wood School

Nurturing academic
excellence for bright futures



Education is about more than what happens in the classroom. A well-rounded academic provision must also include a wide variety of extracurricular opportunities and we deliver this in style.

Students are offered opportunities to explore and discover in a wide range of activities across STEM, Sport, The Arts, Humanities, Culture, and Debate and Discussion, as well as wider advanced qualification opportunities which come together to form a really exciting and inspiring programme that we are really proud of.

The breadth and diversity of this programme will give students access to a whole host of new experiences, help them to develop a range of interests and skills and build a sense of confidence that will support them in the classroom and beyond. This is an important part of the standard of education we strive to deliver.

Our careers programme provides great preparation for future successful careers. Alongside opportunities from our partner InvestIN who deliver immersive career experiences, Year 10 students will have access to a wide range of visiting speakers, all of whom will talk about their area of work, ranging from engineering to entrepreneurship; fashion to filmmaking.

Our activities help pupils to develop 'intellectual curiosity' and enable a 'community of fun and energy' – these are core values at the school and we encourage all of our children to take full advantage of the opportunities available – there's something for everyone.

Julia Cottam
Assistant Principal (Academic)

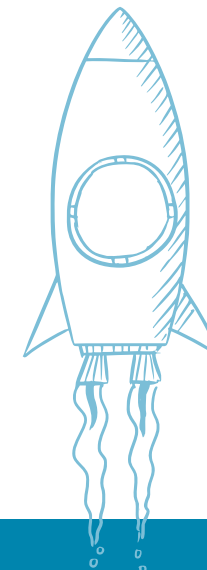
[Explore](#)

“We aim to develop the full potential of every student at Sancton Wood. Our enrichment programme is designed to complement our young people's interests and enhance their abilities.”

enrichment

STEM

We explore all things Science, Technology, Engineering and Mathematics, allowing students to delve into areas that interest them the most in practical, fun and exciting ways.



Programming

Senior School

Explore a wide range of machine learning applications and assess the social, legal and ethical impact of the use of AI algorithms. Work in teams or individually to design and build a prototype that solves a problem you care about, using machine learning algorithms. This course combines elements of engineering and programming.

Microsoft Office Specialist Qualifications (certificated)

Senior School

Pass an exam in a specific Office program to earn a Microsoft Office Specialist certification. Being certified as a Microsoft Office Specialist demonstrates you have the skills needed to get the most out of Office. It'll look great as part of your CV and applications for University, proving that you are more than proficient with ICT; it'll help with your school work too.

Rocketry

Senior School

Rocketry is the ideal choice for anyone who thinks rockets are cool (which they are) and wants to design and build their own! You'll learn basic rocket theory before getting straight on to building, starting with a small kit, then onto designing and building your own advanced rockets by the end of the course.

Artificial Intelligence & Robotics

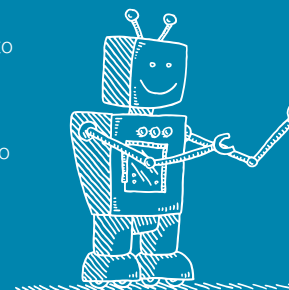
Senior School

Students use an MX30 processing system to create a voice activated circuit which will operate and control a variety of household appliances – fans, burglar alarms and digital locks. The perfect course for those interested in engineering and how it will shape our future.

CREST Award – STEM

Senior School

Crest awards are STEM certificated research, design and problem solving projects at Bronze, Silver and Gold Levels. It's ideal for students who love science and want to take it a bit further with a variety of projects across different subject areas of STEM. These projects equip students with skills which will help in STEM industries of the future as well as connecting them with STEM Ambassadors across the UK. All projects have real-world applications and offer an exciting opportunity for students to carry out independent work in the knowledge there will be a guiding hand available.



Greenpower Racing

Senior School

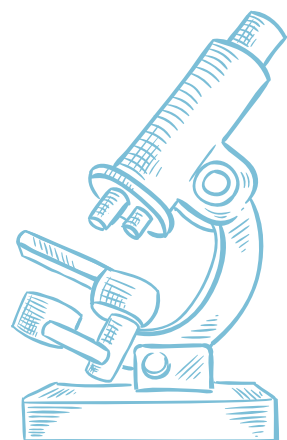
The Greenpower Challenge uses the exhilaration of motorsport to inspire young people to excel in Science, Technology, Engineering and Maths (STEM). It aims to highlight the excitement that a job in engineering can bring and show that anyone can be an engineer if they study these subjects. Research by Siemens has shown that 90% of students participating in the challenge intend to go on studying science.



KS3 Maths Challenge

Senior School

This is an enrichment club for those who enjoy maths, aimed as preparation for the Maths Challenge, Maths Olympiad and Further Maths GCSE courses.



Zooniverse

Senior School

Join the Zooniverse team to contribute to people powered Science. Many Scientific Research projects rely on the collection of large quantities of data to help draw valid and reliable conclusions for publication. By joining a Zooniverse project you will learn valuable skills of analysis and make your contribution to the final research outcomes. Past projects have included identifying and recording plastic waste and pollution on Britain's beaches (virtually), and helping to screen for Antibiotic Resistance in TB samples from a range of patients. You could also help monitor penguin populations and their migratory patterns. The

choices are huge and the challenges increase as your skills do. You could also find yourself named as a contributor to Zooniverse's scientific research project.

Heart Start

Senior School

This is an introduction to the basics of first aid for young people. This short course will give every student an opportunity to learn how to deal with a range of minor emergency situations and most importantly how to respond to a suspected heart attack by providing CPR training.



Let's React

Senior School

Have you ever wondered how cells in the body 'talk' to each other? You will 'see' how molecules do this by creating your own molecular models and using 3D interactive software.

What kind of molecules are paints made of? Why does litmus turn red in acid but blue in alkali? What makes leaves turn orange in Autumn? Watch chemical bonds 'jump' between atoms in 3D as the colour of the pigment changes.

You will also explore the fascinating 3D arrangement of crystals in precious stones (ruby, emerald, sapphire) using X-ray crystallography software.

Scientific Journalism

Senior School

Learn how to write scientific articles based on reviews of recent research publications. We will examine styles of writing and clarity of communication by analysing journals and periodicals before embarking on a project to write a review of recent scientific advances or discoveries which interest students. There will be the opportunity to create science journal posts for the Science departments' very own analysis and criticism blog, 'The Scientific Thinker.'

STEM

Senior School

Covering all things STEM, this opportunity presents a chance to get heavily involved with the practical aspects of science and engineering. We will make use of kits to build robots and models as well as learn some practical investigative skills and engage in problem solving together with our very own expert and STEM Ambassador, Mrs Angelillo.

Young Medics

Senior School

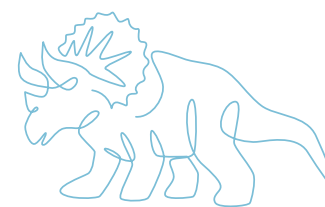
This is a club for aspiring Medics. Here students can learn the names of bones, research inherited disorders, learn about the eye with an eye dissection and learn some basic first responder skills including CPR. They are also supported with

making a start on personal statement writing while thinking about their future careers. We are pleased to be able to offer our students access to a medical society programme through The Medic Portal, called MedSoc.

Dinosaur Club

Prep School

Journey back into prehistoric times to explore and discover dinosaurs with games, fun facts, crafts and stories.



Robotics

Prep School

Unleash your creative powers with Lego Mindstorms robots. Use high-tech sets to build robots that walk, talk and even think.

Science Club

Prep School

Crammed full of exciting science experiments that introduce children to a wide range of science topics, from chemistry, physics, and biology to engineering, geology, astronomy, scientific history and much more!

Introduction to Engineering

Prep School

Find out more about the diverse world of engineering.



Cipher Challenge

Senior School

The National Cipher Challenge is an annual cryptographic competition organised by the University of Southampton School of Mathematics. Competitors attempt to break cryptograms published on the competition website. Many competitors go on to careers in cyber security and others follow other paths using the mathematics and computing skills they learned tackling the fiendish challenges.



Creative Arts & English

Experience areas of the arts you love the most and get an insight into what a career might be like, whether it's on the stage dancing or as part of an orchestra or behind the scenes writing the songs, doing the stage make-up or designing the costumes or set.

Beyond the Book (Book Club)

Senior School

Are you a reader? Do you love the smell of libraries? Delight in reading and talking about books? If so, this club will interest you.

Creative Writing & Publishing (Y10 & Y11)

Senior School

This creative writing and publishing course will take you from how to write your story through to how to publish it and begin making money. This is the comprehensive guide to taking a love of creative writing to becoming a professional.

Fashion Design

Senior School

Interested in fashion? Want to know more about the process of design and the skills needed to create eye catching pieces of fashion? This course will help with that. Lead by Kath from the fashion school, Make Cambridge, you will learn the skills to upcycle your own clothing into something new and wonderful.

Stage Make-Up

Senior School

Learn how to create showstopping looks for theatre and the performing arts in this short course. You'll be taught how to put together characters using expert techniques and how to create make-up and hair looks. This can all be put into practice in the school production.

Costume Design

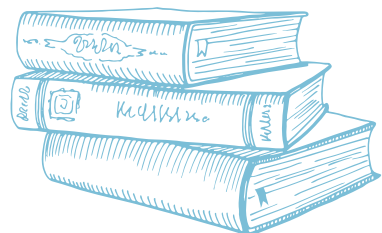
Senior School

This 6 week costume design course will guide you from brief, characterisation and design to costume construction. An eye for detail, creativity and the openness to dive in is all that is needed on this course. Some sewing and textiles skill will be taught along the way.

Ceramics Club

Senior School

Learn clay techniques and indulge in touching and playing with clay to create a variety of three dimensional art and craft pieces.



create



Beginner Orchestra Programme – Violin

Senior School

Have you ever wanted to learn a musical instrument? Imagined playing as part of an orchestra? Then this is a fantastic opportunity for you! In this course you will be given an introduction to the violin – and you will learn different playing techniques including pizzicato (plucking) and bowing. This is also a unique opportunity to focus on learning and applying music theory, so that in the future you can explore a huge range of different musical instruments.



Set Design

Senior School

This is an introduction to the creative process of set design for live performance: preparing the set for our very own school production. We will explore the designer's vision, creative and practical skills, effective communication and how to develop a critical eye for performance.

Technical Theatre Club

Senior School

This is an introduction to (and understanding of) the school's sound and light department. You'll be taught how to use the new sound and lighting system and will help out with the preparation for the school production.

School of Rock

Senior School

Live out your rock star fantasy by having the chance to learn to play the guitar, bass guitar, drum kit, and keyboard. You'll have the chance to gain some techniques on all of these instruments, as well as forming a band, with the aim of performing in a public gig at the end of the year and recording your song in a music studio.

The Craft of Songwriting: Writing the lyrics

Senior School

There's a songwriter lurking somewhere inside you, peeking around corners, wondering if it's safe to come out. Now it is. This course is an invitation to let your inner songwriter step into the sunlight.

If you haven't written any or many songs, this course will show you an efficient, effective process for tailoring songs to express your ideas and emotions. Our teacher will help you piece together your initial ideas into a fully formed song. Why not follow this course with 'School of Rock' – turning the song into a final performance piece and recording it in a studio.

Virtuosity Boys Modern Dance and Movement

Senior School

Virtuosity is a street dance class for styles that were created outside of dance studios such as Breakdancing/ B-Boying, Popping, Locking, House and Hip Hop Dance. In our Street Dance classes, you will learn the techniques and foundation of these styles as well as how to freestyle.

Commercial Dance

Senior School

Commercial Dance is a choreography based style used predominantly by music artists for their videos, tours and TV appearances. You will focus on versatility, performance, dynamics and strength in these classes.

Young Writers

Senior School

Our Young Writers Club comprises three modules to cover all aspects of creative writing. Each module lasts for one full term and can be studied separately. This club is perfect for those pupils who are super keen on writing creatively and we will look in detail at writing styles, planning, expression of thoughts, descriptive language and even proofreading. Pupils will create original short stories, essays, diary entries, articles and poetry.

Curious About Crafting

Senior School

Curious about crafting? This is an opportunity to learn about origami and paper crafts; sewing and mending skills. You could learn how to hand sew a bag, stitch a hem, a button, or repair a split seam.

Competition Club

Senior School

Gain access to and enter a host of external competitions, supported by Ms Luc. The sessions will also include external events too, such as the Cambridge Literary Festival.

Blog Writing

Senior School

This club offers an informal and casual writing experience for young aspiring writers. The aim is not to make this program like school, but rather a club where pupils can meet up, work on fun writing exercises, discuss what they're writing (and reading), and be inspired to make writing a daily habit. They will learn the skills of crafting a blog and how to present it effectively on the web.

Orchestra

Senior School

Available to all those who can play a musical instrument.

Choir

Senior School

Staff and students alike come together in harmony to sing a wide range of songs.

Instrumental Lessons

Senior School

We offer a comprehensive programme of instrumental and vocal tuition. A team of highly skilled peripatetic staff visit the school and teaches around 100 music lessons each week. Tuition is available for all orchestral and band instruments, as well as for singing and music technology.

Lessons operate on a rotational basis for pupils in Years 7 to 11, with many falling in the enrichment period 6 at the Seniors.

Our students take ABRSM and Trinity Guildhall exams, and we offer aural and theory training.

Journalism and Podcasts

Senior School

Podcasting is changing the face of journalism and audio media. While print journalism continues its decline, podcasting is a serious contender for the future of journalism. With podcasting, writers and journalists have an opportunity to tell a story via audio media and reach a new and growing world of listeners. Podcasts are relatively easy and inexpensive to produce, and audiences appreciate the sense of personal connection with a program host. Why not spend lesson 6 learning more about this and how to write and produce your own podcasts?





Book Crafting

Senior School

Here, the English department has a flexible and fun program idea for you that connects literature to visual art projects: the Book Crafting Club. The club takes the idea of a book club or book discussion group — and incorporates a hands-on creative project that means pupils also make during the discussion to extend and expand their understanding of the text. They can even fold and make their own booklets during the sessions.

Art GCSE Open Studio

Senior School

The Art studio will be open during lesson 6 on Thursday for all those Year 10 and Year 11 students who are interested in developing their coursework.



KS3 Extension

Senior School

Year 8 and Year 9 students (invite only) will undertake an additional course of study with each term having a different focus, a novel for GCSE prep. Texts will include Sherlock Holmes, *The Curious Incident of the Dog in the Night-Time* and more.



KS4 Extension

Senior School

Getting Grades 7-9: This literature club (invite only) is similar to the above offering for KS3, but is designed to ensure students have the opportunity to read and discuss literature from beyond the curriculum.

We will also study books featured in the A-Level syllabus. Students will enjoy experiencing literature from a range of cultures and periods, from the Elizabethan Age to the present day.

LAMDA

Senior and Prep School

This is an opportunity for students throughout the school to take London Academy of Music and Dramatic Art (LAMDA) classes with our specialist Speech and Drama teacher. Either working individually or in groups, these private lessons lead to examinations in scripted or devised performance.

Mural Design: Creativity through Expression

Senior and Prep School

Work with two professional artists to learn the basics of mural art and then design and paint a mural directly onto one of the walls at Bateman Street.

Drama Club

Prep School

Taught by our Year 11 GCSE students, this club will engage and entertain all those Year 7 students who have a love of drama. You will work on individual and small group pieces, enjoy a variety of warm-up activities and even try your hand at improv.

This is a space to practice your creativity and dig into your own talents. Work as a team to act, to reflect and in groups come up with ideas, brainstorm those ideas, create characters, imagine events, write the scripts and finally do your best to make the acting believable and natural.

Skiping Club

Prep School

Come along for great fun and exercise. Enjoy long and short rope activities and skills as well as collaborative games.

Craft Club

Prep School

Experiment with a range of crafts including papercraft, printing, embroidery, sewing decorations and soft toys.



Art Club

Prep School

Enjoy a variety of art activities with Mrs Zermane. Each week you will work on a different arts and craft project, which will be ready to take home at the end of the session.

Crochet for Beginners

Prep School

Learn a new skill with a hook and yarn. We will cover all the basics and build towards making items dependent on age group from a simple crochet hat to matching pairs of blanket squares for parents with babies in the intensive care unit. These are exchanged between parent and baby where they are separated for weeks or months to allow bonding to occur through scent.



Writing

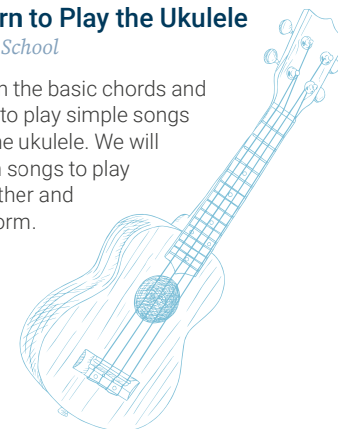
Prep School

Enjoy short writing activities each week to grow your writing skills and learn from others as we share our work.

Learn to Play the Ukulele

Prep School

Learn the basic chords and how to play simple songs on the ukulele. We will learn songs to play together and perform.





Inclusivity!

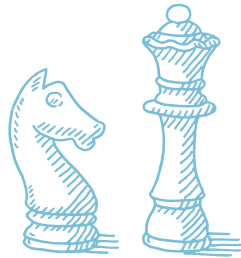
This is central to our philosophy. Talented students are given the chance to thrive through our affiliation with a selection of outstanding local and national sports organisations but every student has the opportunity to participate in team or individual events. Here they can experience and develop a range of lifelong attributes; from understanding and dealing with the emotions of success and failure, of frustration to positive resilience, and discovering how amazing their bodies and minds are when they choose to never quit and strive for personal achievement.



Resilience

PE and Sport

Whether you're developing skills or learning new ones, stretch yourself and grow in strength and confidence with this great selection of sporting activities.



Rowing

Senior School

Row with Rob Roy Rowing Club. Training takes place on the River Cam in the summer and indoors at Cambridge Rugby Club in the winter.

Self Defence

Senior School

These classes give you the opportunity to get fitter, stronger and more confident, all whilst learning a practical and effective self defence system.



D of E

Senior School

For pupils Years 9 – 11. Bronze award: participants take part in 4 areas, Physical, Skill, Volunteering and Expedition.

They must show commitment to these areas before completing the expedition in the spring or summer months in Suffolk. Pupils walk around six hours for two days with an overnight camp. Pupils are taught map reading, camp craft, countryside code and first aid skills as well as developing many other skills along the way.

Equestrian NSEA

Senior School

Sancton Wood Prep and Senior School recently formed an equestrian team and joined the NSEA, an established and recognised body for equestrianism in schools throughout the UK. The NSEA provides inter-schools competitions for team and individual riders at state and independent schools as well as colleges of further education. Our budding equestrians at Sancton Wood, with their own ponies, meet weekly to train with our school trainer to prepare to represent Sancton Wood in a variety of disciplines, jumping, dressage and cross-country.

Climbing

Senior and Prep School

Lessons will take place at The Cambridge Climbing Centre, a state-of-the-art climbing wall boasting a 200m² climbing surface area and featuring a huge variety of angles and shapes, including a 40 degree overhanging barrel, arch and multi-faceted features.

Strength and Conditioning

Senior School

Strength and Conditioning with Anglia Ruskin University, delivered by the University's leading lecturers. Develop knowledge and understanding for basic biomechanics and how to improve all round fitness.

Trampolining

Senior and Prep School

Want to get fit and have fun? Trampolining is a competitive Olympic sport in which gymnasts perform acrobatics while bouncing on a trampoline. You can try simple jumps in the pike, tuck or straddle positions to more complex combinations of forward or backward somersaults and twists.

Yoga

Senior and Prep School

There are so many benefits to the practice of yoga. You will learn valuable tools that will help you to be happy, healthy people throughout life.

Chess

Senior and Prep School

Playing chess helps to develop many skills that are useful in life, such as: logic, strategic and tactical thinking, planning and preparation, and problem-solving. Chess Club provides an opportunity to simply have fun playing the game and making friendships, while building these skills at the same time.

Dance

Prep School

Taught by the experts at BodyWork dance studio, these short courses offer an introduction to the main areas of dance on offer at the main studio. Great fun for all.



DISCOVER



Humanities

Explore as you step back in time and discover how topics that interest you the most help shaped our history.



Beginner's Philosophy (Socrates Club)

Senior School

Interested in the ancient Latin and Greek world and the influence of ancient culture on modern life? Use VR headsets to visit the key historical sites of the time and delve into the history, art, mythology, language, and literature of the period.

Introduction to History of Art

Senior School

Want to impress your family and friends with your artistic knowledge next time you visit an art gallery or museum? Join this course to explore the significance of major art movements as well as the themes and qualities of important artworks. We will be using art to reflect on major changes throughout history and explore perspectives other than our own.

Time Travel Tours

Senior School

If you are interested in the ancient Roman and Greek world and its influence on the world around you, this is a great option for you. Use VR headsets to visit the key historical sites of the time and delve into the history, art, architecture, mythology, and religion of the period.

Ancient Civilisations

Senior School

During this course you will learn about the start of civilisation as we know it. We will start with the creators of the earliest known writing form, the Sumerians, and the Akkadians, who absorbed them into the first Mesopotamian empire. Next we will look at the civilisations that birthed the world's first postal service and the first landscape artists, the Persians and Minoans. We will finish our tour of the ancient world with Babylon's impenetrable walls and the first iron weapons of the Hittites.

Herstory: Great Women of Time

Senior School

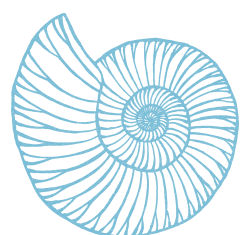
From Eleanor of Aquitaine to Princess Diana, women, old and young, rich and poor, have been pioneers in our world since the beginning of time. Their work in the fields of politics, science, business, law, the arts and in society as a whole is truly inspiring. Learn about their remarkable stories, sacrifices and the significant influence they have had on making our world what it is today.



Raindrops on Roses: Weather & Horticulture Club

Senior School

Anyone interested or involved in meteorology can join this club. You will learn about the weather; how it is measured and how it impacts our planet. Also, how it has a huge effect on food production.....



Gold Diggers: Introduction into Archaeology and Mineralogy

Senior School

Our Young Archaeologists Club is perfect for anyone who has an interest in the past and the way the earth was formed. Here, you can not only learn about the geology of the planet and what makes us what we are but also look at how to 'dig down' through history, quite literally, in our very own archaeologists' trench.

Past Portraits: An Introduction to History of Art

Senior School

Here, you will learn about art from different periods and cultures. The lessons will be exciting and informative and the study of different periods of art will be supported by fun quizzes, games and art stories. You will be encouraged to be active participants, share your opinions and thoughts and develop critical thinking and understanding of the subject.

Cambridge Chronicles: Local History Club

Senior School

In this club you will be able to research and record local history, learning about the area that surrounds the school and look at the growth of Cambridge itself over the years. The club will also offer an interesting series of talks about the history of the local area from local experts and we will arrange visits to local sites of historical interest.



Environmental Ethics

Senior School

Be energised about taking care of the Earth and helping your community while learning about some of the most important issues facing the world in the 21st century. Not only will you become more aware of the broader issues but also how you can effect change and join in with the growing movement to support the fight against climate change globally.

Sport Through the Ages

Senior School

The history of sport is a fascinating subject and one worthy of its own course. Here, you can learn about the role sport has played throughout history and how it has changed over the years. This club will appeal to anyone with an interest in history and who wants to know more about how the modern sporting landscape has come about.

Fashion Through the Ages

Senior School

There is little doubt that the way we dress says a lot about who we are and how we feel. While 'fashion' refers to what is currently popular, it is constantly evolving and changing and replicating trends of the past. In this unit, you will learn about the history of fashion and the way in which fashion reflects and influences our society.

Introduction to Politics

Senior School

Politics is the way people living in groups make decisions. Politics is about making agreements between people so everyone can live together in a society. The history behind this is both a long and fascinating one. Why not take the time to make yourself more aware of this story and as a result better

prepared to contribute to discussions and debates in the future? To coincide with Parliament Week this course will cover the functions of British politics, the features of democracy in this country and how our Parliament works. You will also get to meet our local MP, Daniel Zeichner, and visit the House of Parliament itself.

Final Frontiers – Exploring Earth's Extreme Environments

Senior and Prep School

Each week you'll look at one of the world's most extreme environments, from deep oceans, frozen tundras, high mountains to dense rainforest. All through your virtual reality headsets, supported by our geography teacher.



Languages & Culture

Travel above and beyond and embrace language and culture in a way that gives you a real insight into the countries you love.

Chinese Calligraphy Course

Senior School

The Chinese Calligraphy Course is a great opportunity for all art enthusiasts or those interested in Chinese culture. Our experienced teachers will show you the ins and outs of Chinese ink painting and each session is a chance for you to try a new style or bring more finesse into your artwork.

Our painting teacher will guide you through everything from dipping your brush to setting out the paper, demonstrating how to draw each and every detail and producing examples for you to refer to.

Flamenco Dance

Senior School

You've seen it on Strictly, want to try it for yourself? Flamenco dance is a highly expressive, Spanish dance form, characterised by hand clapping, percussive footwork, and intricate hand, arm and body movements. The flamenco is an opportunity to express yourself and be creative. In flamenco, there is always something to learn, something to create and it's great fun too.

Language/Cultural Studies

Senior School

Is there another language that you've been wanting to learn but never had the chance to? Well now you can! These language classes will not only teach you key languages skills but also explore the culture of the countries where they are spoken. This is a truly immersive experience covering cultures, countries and languages you may not have encountered before. We will use VR headsets to show you the wonderful places each country has to offer as well as sampling some of the cuisine and learning a few phrases from the language. You'll finish the course much more aware of the world you live in, we promise.

KS3 Language Film Club

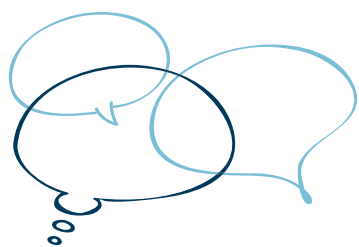
Senior School

Both our Spanish and French teachers offer a separate session, showing a foreign language film and offering activities based on the text.

禪

Debate and Discussion

Debate and discussion form a cornerstone of the skills that will see you do well in your personal and professional lives. Really drill down into subjects that matter to you most while developing key competencies.



Debating Club

Senior School

This debate club gives students of all abilities a fun way of developing their oracy skills whilst providing a platform to become more informed about political and global affairs.

Introduction to Philosophy

Senior School

This course will introduce you to some of the main areas of research in contemporary

philosophy. Each module, a different philosopher will talk you through some of the most important questions and issues in their area of expertise. We'll begin by trying to understand what philosophy is – what are its characteristic aims and methods, and how does it differ from other subjects? Then we'll develop an overview of several different areas of philosophy.

Introduction to Feminism

Senior School

A comprehensive course in feminist theory, history, art, literature and icons. From defining feminism to debating why we need it today, this is a course in which we will promote and discuss issues related to feminism in both our school and on a global level.



TEDx Club

Senior School

The TEDx Club's program supports students in discovering, researching, exploring and presenting their big ideas in the form of short, TED-style talks. These talks are filmed live in front of an audience and shared via the TEDx platform, often with hundreds of thousands of views.

Introduction to Debating

Prep School

This activity will really help raise your confidence and self-esteem through fun activities. A skilled lawyer can think on their feet, debate, perform. We'll help you on your first steps towards this, and you'll have lots of fun on the way.



Plus...

With such a wide range of weird and wonderful activities on offer, they simply cannot all fit into a category.

The Truth About Cats and Dogs

Senior School

What is your cat revealing to you when she purrs? What is your dog expressing when he yawns or wags his tail? Understanding your cat and dog's behaviour and the way they communicate with you, will enable you to better understand their needs and strengthen your relationship with them.

This MOOC is divided into five topics, the appliance of science; behaviour and body language; senses and perception; challenges for the human-animal relationship, including pet problem behaviour; and how to improve the quality of life for cats and dogs in our care.

Introduction to Food and Health

Senior School

Around the world, we find ourselves facing global epidemics of obesity, Type 2 Diabetes and other predominantly diet-related diseases. To address these public health crises, we urgently need to explore innovative strategies for promoting healthy eating. There is strong evidence that global increases in the consumption of heavily processed foods, coupled with cultural shifts away from the preparation of food in the home, have contributed to high rates of preventable, chronic disease. Become informed and be part of the conversation.

The Big Bake Off Club

Senior & Prep School

Sancton Wood baking just got BIG! Your key ingredients for the ultimate baking extravaganza... 0 x experience needed, 1 x kitchen, 12 x cooking stations and add a dash of competition. Set the timer to 90 minutes, customise with our creation corner and stir in a slice of creativity. Oh, and then you get to take it home and eat it!

Mindfulness

Senior & Prep School

It is important that we all slow down and learn how to listen to and be aware of our minds and this club provides the perfect opportunity to do this. It also gives you the chance to have some quiet, relaxing time and to talk about your feelings and worries. At mindfulness sessions, you will do many activities such as yoga, guided meditations and mindfulness colouring. You are given the opportunity to share and contribute your ideas as to what activities you feel will help you to become more mindful.

Colour My Day: Art Therapy and Reflection

Prep School

In these sessions, we will use repetitive patterns and colour to express what has happened across the week. An opportunity for quiet reflection and discussion prompted by colour choice and the calming activity of colouring space.

Gardening Club

Prep School

In Gardening Club you will enjoy planting, looking after and harvesting vegetables. Tend and nurture your vegetables and learn a lot about planting along the way.

Touch Typing

Prep School

Develop lifelong skills with Touch Typing. Being able to type accurately at a good pace is a great skill to learn. Following an online programme, you will learn how to correctly position your hands and type at speed with increasing accuracy. You will be challenged to work through the levels, practising skills through games and earning virtual badges. Your developed skills and confidence will be evident back in the classroom.

Board Games

Prep School

Come and enjoy a range of board games with your friends.

Construction and Team Work

Prep School

Develop team building skills by working in small groups to achieve a model or construction by following step by step instructions.

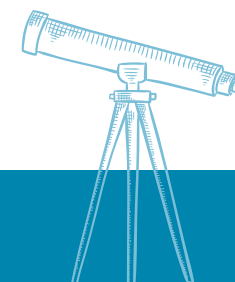


Beyond Sancton Wood: Careers

We encourage and develop our students to be the very best they can be so that they can thrive beyond Sancton Wood, flourish in further education or apprenticeships and ultimately succeed in their careers. We offer a variety of programmes supporting our students in thinking about their aspirations and futures.

Year 10 Careers

Inspiration comes from the many visiting speakers in the school. It's most useful for our students to listen to talks from people who are making significant contributions to their specialist area of work.



EXPERIENCE

InvestIN

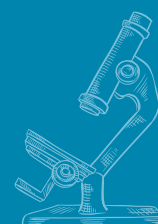
InvestIN is a London-based organisation led by a group of experienced professionals from some of the world's most competitive careers. They exist to provide students with an immersive experience of their dream career before they start university, so they can get a head-start over their competition.

They deliver immersive career experiences to students aged 15-18 who aspire to break into some of the world's most desirable industries. Their programmes aim to create the 'ultimate work experience' through interactive simulations, site visits, seminars, networking sessions and career coaching guidance.



Career talks from professions such as:

Law **Architecture** Artificial Intelligence
Computer Science The Armed Forces
Dentistry Engineering **Entrepreneurship**
 Fashion Design **Filmmaking** International
 Development **Investment Banking**
 Journalism **Acting** Management Consultancy
Marketing Medicine **Music** Politics
Psychology Publishing **Veterinary Science**
 Computer Games Development **Languages**





ADVANCED PROGRAMMES

Advanced programmes will be offered in English, Maths and Science.

We offer a Higher Project Qualification

“

The HPQ is worth half a GCSE. It is a wonderful opportunity to explore your interests in depth as it can be based on anything you want, outside your main programme of study. There is a choice between either creating an artefact and writing a 500 word report alongside it about the project, or choosing a topic question and answering it in a 2000-word essay, after doing the appropriate research.”

Sanika
Year 11

We are very keen for our children to participate actively in the life of the school and our young leaders have a say. We are very proud of the way the ‘pupil voice’ is encouraged at Sancton Wood and how it can have a real impact on school life with recent outcomes including a new catering provision, charities and fundraising and community days.

Our Pupil Leaders Programme gives pupils an active role in influencing decisions about these issues as well as in the implementation of them, enabling them to participate as active young citizens.

Student Council

Our school council meet regularly and is made up of representatives across the whole school. The school council provide a meaningful way in which the pupil's voice can be heard. They advise leaders and help us make decisions about their school community and learning. We value the students' opinions and views and are very proud of the role that they play in shaping our school.

School Groups to Join

We recognise that pupils have logical perspectives and opinions on issues that matter in the classroom, in the school, and in the community.



Charity Committee

The aims of the School Charity Committee are:

- To give pupils an opportunity to actively help others less fortunate than themselves within the community; and
- To provide students with a platform to voice their ideas on how to be caring and active citizens and make a positive contribution to their community through school-based, fundraising activities.

The Charity Committee meets regularly (once a month) to discuss which charities to support, how to raise funds within the school community and to break down the tasks into working groups. Charity Form Representatives then report back to their Form groups to ensure all students are aware of the charitable activities decided upon by the committee as a whole. The chair of the committee may report to the whole staff during the weekly staff briefing.

Anti-Bullying Ambassadors

We recruit a group of students from across the school who will help us to stop bullying and also support students who feel they may be being bullied.

Their principles are as follows:

- To empower children and young people to tackle all forms of bullying;
- To provide support to any child who feels sad, lonely, isolated or bullied;
- To work with staff to quickly tackle instances of unkindness;
- To encourage ‘talking schools’ where all children and young people are given a safe space to discuss bullying and other issues that affect their lives, and are supported to report all forms of bullying; and
- To raise awareness of the impact of bullying on children's lives if they don't tell anyone it's happening.

Student Forum

We are part of the Cambridgeshire Student Forum. This group brings school councillors from a range of schools together to collaboratively work across an area to drive school improvement in their community, share best practice and develop the leadership skills of participants. It also provides school council and prefect training up-skills and helps prepare students to effectively fulfil their roles as school councillors or senior students/prefects. The training explores topics including being an effective representative, communicating your ideas, running effective projects and exploring your roles and responsibilities.

Literacy Leaders

Support the delivery of literacy strategies to younger students in Humanities lessons, Form time and in English. They help raise the profile of literacy around the school. They are also trained to work with younger students to support their reading and enable them to grow in confidence week after week.

Eco Club Prep School

For all those who have an interest in healthy lifestyles, ecology and our environment, both inside and outside school. Eco Club will combine learning about the environment and how we can help improve with some direct initiatives in school and the local community to help enact change.



Residential School Trips

We regularly take our students out on educational visits to support bringing their learning in the classroom to life. There’s plenty right on our doorstep in Cambridge and with small class sizes it’s very easy to pop on the train to London or go exploring in our school bus. Some of our big hitters include:



New York City (Creative Arts)

They’ve seen it in the movies....and now our students can say “I’ve been there!” for years to come!

New York really is the ultimate ‘unforgettable school trip’. Soaring buildings, world-famous museums, Broadway shows, historical landmarks, great shopping – everything you could want from a trip to the US in one amazing destination!

With a strong focus on the arts, students will enjoy theatre workshops, a Broadway show and several inspiring art galleries.

Iceland (Humanities)

Our trip to Iceland offers a wonderfully unique experience for students that is one of the highlights of the school year. Few other countries offer such amazing diversity: think sprawling waterfalls, geothermal pools, geysers, glaciers and, of course, the Northern Lights. It’s the perfect place to learn

about so many forms of natural phenomena. And beyond the environment, Icelanders are well-known for their easygoing culture and incredibly fresh cuisine, whilst cities such as Reykjavik are considered to be among the safest and most eco-friendly in the world.

Japan (Robotics/ Maths)

An adventure to Japan to explore the vibrant culture, ancient architecture and modern metropolises of this wonderful country. Japan is the country of AI, human-like robots and advanced tech, discover Japan in this robotic technology and engineering school trip to Tokyo.

Santander (Spanish)

In March of Year 11 our GCSE Spanish students are offered the opportunity to take part in an intensive Spanish revision course. They travel to the peaceful rural village of Aés, near Santander, northern Spain, where they spend 5 days studying Spanish and exploring the beautiful region of Cantabria. They enjoy a range of activities including visiting prehistoric caves in Puente Viesgo and learning about prehistoric life, visiting the capital city of the region, Santander, and the medieval village of Santillana del Mar. They try some local food and even learn to cook their own paella! During a visit to a local school they have the opportunity to get to know Spanish students and learn about their school system.

Sports Netball

Pupils in the senior school will be invited to join the netball team on a sports tour to Wiltshire run by PGL and England netball. Players participate in competitive fixtures against schools from all over England. When not involved in the tournament pupils are able to take part in a queue and go system and go on the outdoor activities, 3G swing, archery, climbing and Jacob’s Ladder to name a few. The evenings are packed with activities with the PGL staff and other schools, keeping the pupils entertained every hour of the day. At the end of the tournament an England netballer visits the competition for a meet and greet with the players and hosts the awards ceremony for the top teams.

Football

Pupils in the Senior School will be invited to develop their footballing skills on and off the pitch with a weekend of football training with UEFA B (FA) qualified coaches. There is expert skills training and the chance to play in an informal tournament as well as the added bonus of PGL adventure activities which help develop those all-important teambuilding and leadership skills.

Departure for both on the Friday morning from school and returning Sunday evening.

Nursery



Our enrichment activities ignite the children’s curiosity and enthusiasm for learning. Giving them access to a wide range of activities and new experiences builds their capacity to learn, form relationships and thrive.

STEM Water Investigation

Water play can be tranquil, calming and support children with their learning. Some of the benefits include: promotes cognitive development; develops fine and gross motor skills; masters social skills; builds language and communication skills; stimulates creativity and imagination; builds physical strength.



Investigations/Experiments

Awe and wonder – early steps into science education activities provide children with opportunities to develop and practice many different skills and attributes. These include communication skills, collaborative

skills, team working and perseverance, as well as analytical, reasoning and problem-solving skills

Creative Arts Messy Play

Messy play is extremely important for a child’s development. It provides children with an exciting tactile and sensory experience that inspires their curiosity, allows them to explore the world around them and enhances their learning, language and creativity.



Musical Instruments

Music ignites all areas of child development and skills for school readiness, including intellectual, social-emotional, motor, language, and overall literacy. It helps the body and the mind work together. Exposing children to music during early development helps them learn the sounds and meanings of words.

Seasonal Craft

Art and craft activities give children a sense of achievement and allow them to take pride in their work which builds confidence. Children get to try new things and also develop their ‘self-regulation skills’ (e.g. when waiting for paint or glue to dry). It can support children to develop fine and gross motor skills, social skills when it comes to sharing resources, building language and communication skills fine tuned to an area of learning, as well as stimulating natural creativity and imagination.

Pottery

Using clay can connect children to an important natural resource that has been used for the creation of objects for thousands of years! It has so many endless possibilities and can support their manipulative skills (fine motor skills), confidence, vocabulary, concentration and imagination.

Sport Yoga

Introducing yoga through playful activities, is a great way to boost healthy living, helping children to become calmer and better able to concentrate and focus.

Trampolining

Motor skills are important for children to develop in a range of ways. The circulation of blood and oxygen to the brain through bouncing on a trampoline is great for making the mind more alert and focused, and for increasing concentration and memory.



Language Makaton

Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression, and allows us to communicate with other children and adults who use Makaton symbols and signs, either as their main method of communication or as a way to support speech.

Spanish

Spanish lessons are a fantastic addition to the weekly curriculum. The Spanish language is spoken throughout the world and we feel that having very early access to Modern Foreign Languages is key to developing the children’s understanding of difference and other languages. It also develops their sound pronunciation in everyday communication. We make it fun with songs, stories and lots of body actions to help the children remember the words and phrases. The children are taught immersively which means that for a full session they hear different Spanish phrases, sentences, a varied intonation, as well as gaining memories of how much fun different languages can be.



Beyond the early years curriculum we offer lots of opportunities for explorative experiences for children to learn and develop.

Plus

Forest School

Forest School promotes all aspects of children's development and can even add new benefits that learning in a classroom doesn't offer. It also allows children to be physically active throughout the duration of their lesson, enjoying the fresh air and the new experiences the outdoors can offer.

Baking

Cooking encourages cognitive development, children's thinking, problem-solving, and creativity. It also allows children the opportunity to use the knowledge they have and apply it by counting, measuring, following a sequence, following directions, and cause and effect.

Lego

Lego can be used as a 'hands on' educational tool that can help children to develop their maths and language skills. A child learns much better when they are having fun. Lego is a great tool for developing and reinforcing problem solving skills.

Working with the Museum of Archaeology and Anthropology

An outreach worker will bring in a different object each week, over a 6 week period and run activities with the children.



Sancton Wood School

Nurturing academic
excellence for bright futures

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