

A stylized, light blue illustration of a unicorn's head and neck, facing right. The unicorn has a single, braided horn and a flowing mane. The illustration is set against a dark blue background with a large, light blue circular arc behind the unicorn's head. A vertical yellow bar is visible on the far left edge of the page.

Sancton Wood School
Curriculum Overview
2023-24
Year 6

Michaelmas 1

We will study narrative poetry from our literary heritage: 'The Highwayman' by Alfred Noyes; 'The Lady of Shalott' by Alfred, Lord, Tennyson. The children will look at poetic language, structure, setting and characterisation. They will write a narrative 'prequel', including description; a script and shorter character-based responses. They will perform their own shadow puppet play of the LoS. Debate and performance will be part of the approach to help children express and justify their views.

* GPS and reading comprehension will be delivered in discrete lessons throughout the year to develop the children's writing skills. Spellings will be taught each week.

Michaelmas 2

(Cont) We will study narrative poetry from our literary heritage: 'The Highwayman' by Alfred Noyes; 'The Lady of Shalott' by Alfred, Lord, Tennyson. The children will look at poetic language, structure, setting and characterisation. They will write a narrative 'prequel', including description; a script and shorter character-based responses. They will perform their own shadow puppet play of the LoS. Debate and performance will be part of the approach to help children express and justify their views.

* GPS and reading comprehension will be delivered in discrete lessons throughout the year to develop the children's writing skills. Spellings will be taught each week.

Lent 1

We will read and study 'Carrie's War' by Nina Bawden, which will support the History unit on WWII. We will develop skills in reading and commenting on literature, looking particularly at character, plot and setting. In discussing character, we further develop PEC (Point, Evidence, Comment) skills. We'll respond in a variety of written and spoken forms, including roleplay. We will look at the language and imagery of WWII propaganda and its effect on the reader.

We will revise and develop precis skills and use non-fiction books for research.

Lent 2

(Cont) We will read and study 'Carrie's War' by Nina Bawden, which will support the History unit on WWII. We will develop skills in reading and commenting on literature, looking particularly at character, plot and setting. In discussing character, we further develop PEC (Point, Evidence, Comment) skills. We'll respond in a variety of written and spoken forms, including roleplay. We will look at the language and imagery of WWII propaganda and its effect on the reader.

We will revise and develop precis skills and use non-fiction books for research.

Summer 1

We will study an abridged version of 'Macbeth', learning actively. We will use the play as the basis for written and spoken work. We will continue to work on PEC skills and write discursively. The children will draw on their knowledge of 'The Tempest' (studied in Y5). There will be some reading of stories from other cultures.

During the year, we will:

Learn and perform poetry

Review, recommend and evaluate books.

Summer 2

(Cont) We will study an abridged version of 'Macbeth', learning actively. We will use the play as the basis for written and spoken work. We will continue to work on PEC skills and write discursively. The children will draw on their knowledge of 'The Tempest' (studied in Y5). There will be some reading of stories from other cultures.

During the year, we will:

Learn and perform poetry

Review, recommend and evaluate books.

Michaelmas 1

Place Value within 10,000,000 - Read, write and compare numbers up to 10,000,000 and determine the value of each digit, Rounding whole numbers to a required degree of accuracy, negative numbers.

Four Operations (1) - use written methods to solve addition and subtraction problems, multiply and divide numbers up to 4 digits by 1 or 2 digits.

Four operations (2) - identify common factors and common multiples, recognise prime numbers up to 100, understand square and cubed numbers, use the order of operations when solving equations (BIDMAS) and solve mental calculations.

Fractions (1) - Use common factors to simplify fractions and to express fractions in the same denomination, compare and order fractions, add and subtract fractions and problem-solving when adding and subtracting fractions.

Fractions (2) - multiplying and dividing a fraction by a whole number, multiplying or dividing a fraction by a fraction, understanding the four rules of fractions, finding fractions of an amount.

Measure - Metric measures, converting metric measures, problem-solving with metric measures, miles and KM, imperial measures.

Michaelmas 2

(Cont) Place Value within 10,000,000 - Read, write and compare numbers up to 10,000,000 and determine the value of each digit, Rounding whole numbers to a required degree of accuracy, negative numbers.

Four Operations (1) - use written methods to solve addition and subtraction problems, multiply and divide numbers up to 4 digits by 1 or 2 digits.

Four operations (2) - identify common factors and common multiples, recognise prime numbers up to 100, understand square and cubed numbers, use the order of operations when solving equations (BIDMAS) and solve mental calculations.

Fractions (1) - Use common factors to simplify fractions and to express fractions in the same denomination, compare and order fractions, add and subtract fractions and problem-solving when adding and subtracting fractions.

Fractions (2) - multiplying and dividing a fraction by a whole number, multiplying or dividing a fraction by a fraction, understanding the four rules of fractions, finding fractions of an amount.

Geometry - Position and direction - Plotting coordinates in the first quadrant, plotting translations and reflections, reasoning about shapes with coordinates.

Lent 1

Ratio and Proportion - Understanding ratio, scale drawings, scale factors, problem-solving.

Algebra - Finding a rule, using a rule, understanding and using formulae, solving equations.

Decimals - multiplying and dividing by 10, 100 and 1000. Converting decimals into fractions, fractions into decimals, multiplying and dividing by decimals.

Percentages - understanding that a percentage is out of 100, finding missing values, converting fractions to percentages and decimals, finding equivalent fractions, decimals and percentages.

Fraction, decimals and percentages

Measure - perimeter, area and volume - calculating shapes with the same area, finding the area and perimeter of a shape, calculating the area of a triangle and parallelogram, problem-solving, and calculating the volume of a cuboid.

Statistics

Lent 2

(Cont) Decimals - multiplying and dividing by 10, 100 and 1000. Converting decimals into fractions, fractions into decimals, multiplying and dividing by decimals.

Percentages - understanding that a percentage is out of 100, finding missing values, converting fractions to percentages and decimals, finding equivalent fractions, decimals and percentages.

Algebra - Finding a rule, using a rule, understanding and using formulae, solving equations.

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Ratio and Proportion - Understanding ratio, scale drawings, scale factors, problem-solving.

Summer 1

Geometry - properties of shapes - measuring with a protractor, drawing shapes accurately, angles in triangles, angles in polygons, vertically opposite angles, parts of a circle, nets.

Problem-solving - place value, negative numbers, addition and subtraction, four operations, fractions, decimals, percentages, ratio and proportion, time, position and direction, properties of shapes.

Summer 2

(Cont) Geometry - properties of shapes - measuring with a protractor, drawing shapes accurately, angles in triangles, angles in polygons, vertically opposite angles, parts of a circle, nets.

Problem-solving - place value, negative numbers, addition and subtraction, four operations, fractions, decimals, percentages, ratio and proportion, time, position and direction, properties of shapes.

Computing

Michaelmas 1

Digital literacy

Students will be encouraged to look for specific information on the internet relating to social issues affecting the environment and produce digital resources for the right target audience.

Students will use the standard Microsoft apps to present information to various target audience efficiently.

Computing

Students will be learning about the history of computers and people who have shaped the computing field.

They will study language scripting using html to create webpages.

Michaelmas 2

(Cont) Digital literacy

Students will be encouraged to look for specific information on the internet relating to social issues affecting the environment and produce digital resources for the right target audience.

Students will use the standard Microsoft apps to present information to various target audience efficiently.

Computing

Students will be learning about the history of computers and people who have shaped the computing field.

They will study language scripting using html to create webpages.

Lent 1

Creative ICT: We are blogger

Students will be encouraged to use one online application to complete a project about issues affecting the environment.

They will be looking at how social media can have a strong influence in society and how they can be used efficiently to convey positive messages.

Computing

Understand the basic of computer systems

Identify input, output and storage devices and their purpose.

Difference between primary and secondary storage.

Computing

Lent 2

Creative ICT: We are blogger

Students will be encouraged to use one online application to complete a project about issues affecting the environment.

They will be looking at how social media can have a strong influence in society and how they can be used efficiently to convey positive messages.

Computing

Understand the basic of computer systems

Identify input, output and storage devices and their purpose.

Difference between primary and secondary storage.

Summer 1

Computing

Use basic algorithm approach: Use of flowcharts to show logic of their program. Use of robots Cadi Wilma to create flowchart showing how all the built- in functions would have been planned.

Students will be taught basic programming techniques: selection iteration and sequence.

Use of the platform "Hour of code "to complete a programming project.

Summer 2

Computing

Use basic algorithm approach: Use of flowcharts to show logic of their program. Use of robots Cadi Wilma to create flowchart showing how all the built- in functions would have been planned.

Students will be taught basic programming techniques: selection iteration and sequence.

Use of the platform "Hour of code "to complete a programming project.

Science

Michaelmas 1

Light

We will learn about waves, how we see, reflection and refraction, the spectrum, how we see colours, and shadows.

This will link with the shadow play created in English lessons.

Michaelmas 2

Animals, including humans

We will identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood. We will look at the impact of diet, exercise, drugs and lifestyle on the way the body functions. We will describe the ways in which nutrients and water are transported within animals, including humans.

Lent 1

Living things & their habitats

We will describe how living things are classified into broad groups according to their common characteristics.

We will draw classification trees; use precise language to describe a creature; and create a new genus, with drawing and description.

Science

Lent 2

Evolution & Inheritance

We will see that living things have changed over time and that fossils provide information about the past. We will learn that though living things produce offspring of the same kind, normally they vary and are not identical to their parents. We will identify how animals and plants are adapted to suit their environment in different ways and understand that this may lead to evolution.

Summer 1

Electricity

We will begin with building a model of the atom as a basis for understanding the way circuits work. We will revise the children's Y4 learning of this topic by looking at symbols and drawing circuits. We will investigate voltage and in practical lessons, including making a fruit battery and making a light-up card.

Summer 2

Research

The children will choose a research project that involves formulating and testing a hypothesis. (This will run concurrently with the topic on Electricity.)

Humanities

Michaelmas 1

Maya and South America

We will study the history and geography of Mayan civilisation, looking at the life, society and civilisation of ancient and modern Mayan people.

In the second half of term, we will focus on the geography of South America. The children will learn about the climate, geographical features, industries and people of South America, giving them an insight into how life in South America is different to life here in the UK.

Learning will be enhanced by a trip to the Museum of Archaeology and Anthropology in Cambridge.

Michaelmas 2

Maya and South America (Cont)

We will study the history and geography of Mayan civilisation, looking at the life, society and civilisation of ancient and modern Mayan people.

In the second half of term, we will focus on the geography of South America. The children will learn about the climate, geographical features, industries and people of South America, giving them an insight into how life in South America is different to life here in the UK.

Learning will be enhanced by a trip to the Museum of Archaeology and Anthropology in Cambridge

Lent 1

World War II

We will learn about the outbreak of World War II; the blitz and evacuation, rationing and the holocaust. The 'Rebuilding Britain' unit covers: initial rebuilding in the cities; the creation of the NHS and the Welfare State; that many British Colonies became independent after the war; patterns of migration from the Caribbean to Britain; and the creation of 'New Towns'.

Learning will be enhanced by a trip to Bletchley Park.

Humanities

Lent 2

World War II

We will learn about the outbreak of World War II; the blitz and evacuation, rationing and the holocaust. The 'Rebuilding Britain' unit covers: initial rebuilding in the cities; the creation of the NHS and the Welfare State; that many British Colonies became independent after the war; patterns of migration from the Caribbean to Britain; and the creation of 'New Towns'.

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Summer 1

UK natural resources

This topic covers: identifying the natural resources of the UK; their use in energy production; use of wood and associated problems; steel production; glass and concrete production.

Summer 2

Vikings

In the final term, we will look at the Vikings, understanding who they were and the routes they took to reach Britain. We will consider aspects of culture such as their ships, gods and burial practices as well as looking at some of the sources used by historians when piecing together the story of the Vikings in Britain.

Michaelmas 1

Islam

We will be learning about Islam. We will look at: the Five Pillars, Prophet Mohammad, the Qur'an, the Haj, Ramadan, prayer, the Mosque.

There will be a trip to the Cambridge Mosque

Michaelmas 2

Islam (Cont)

We will be learning about Islam. We will look at: the Five Pillars, Prophet Mohammad, the Qur'an, the Haj, Ramadan, prayer, the Mosque.

There will be a trip to the Cambridge Mosque

Lent 1

Creation stories

We will learn the creation stories and explanations of a number of faiths and cultures. Learning will include an emphasis on comparison, and discussion of why creation stories exist including the issues they address.

Lent 2

Creation stories

We will learn the creation stories and explanations of a number of faiths and cultures. Learning will include an emphasis on comparison, and discussion of why creation stories exist including the issues they address.

Summer 1

Freedom and Justice

This unit begins by looking at stories of liberation from Judaeo-Christian texts. We consider the Declaration of Human Rights and discuss the practical implications of this document.

Summer 2

Heroes and heroines

We will learn about the lives and teachings of moral and philosophical leaders such as: Gandhi, Desmond Tutu, Mother Teresa, Rosa Parks, Nelson Mandela.

The children will discover the ways in which these people have had a positive impact on the lives of others.

Michaelmas 1

Introduction to Formal Elements; Mayan Masks

Students will begin to use specialist terminology when describing works of art, whether it is their own or a famous artist's.

In line with the student's Humanities lessons on the Mayans, we will look at the process of design. Students will think about the purpose of a Mayan mask, what features it would have and how to turn a 2D design into a 3D object.

Michaelmas 2

Mayan Masks

In line with the student's Humanities lessons on the Mayans, we will look at the process of design. Students will think about the purpose of a Mayan mask, what features it would have and how to turn a 2D design into a 3D object.

Lent 1

Drawing Skills

Students will spend this term practising their drawing skills. They will be learning about tone and mark making, as well as how to get accurate shapes and proportions in their drawings.

Music

Michaelmas 1

An exploration of rhythms in western and world music

We will begin by expanding on the work we have done reading score notation and move onto reading complex time signatures. We will then look at how rhythms have been explored outside of western culture.

Michaelmas 2

Exploration of Blues, scales and improvisation

We will begin by going over the history of Blues and the impact it has had on popular music culture. We will then look at the scales used in improvisation on a range of instruments.

Lent 1

Music technology focus: Debby Derbyshire and the Doctor Who theme

In this module we will focus on learning how music technology was used to create the Doctor Who theme. We will then work on composing our own Sci-Fi theme using sampling techniques.

Lent 2

Music in the Movies: how music has been used in movies across the 20th century

We will explore how different pieces from the 20th century have been used to accompany film with a focus on instrumentation and stylistic choices.

Summer 1

Modern forms of music and ensemble performance

We will begin by looking at the different characteristics of modern genres and how they are played on a range of instruments. We will then take some time to work on creating own compositions based on the genres explored.

Summer 2

Modern forms of music and ensemble performance

A continuation of summer 1 with a focus on preparing pieces ready for an end of year performance.

Lent 2

Still Life

Students will spend this term putting their drawing skills to the test and trying a hand at their own still life compositions.

Students will explore works of classic artists like Cezanne, compared to modern day artists such as Michael Craig Martin.

Summer 1

Prop Design

In line with the Year 6 production, students will be designing and creating props for their show.

Summer 2

Architecture

Students will learn about the features of some of the world's most famous pieces of architecture. They will learn about how an architect may start to produce ideas for a building and have a go at designing their own!

Drama

Michaelmas 1

Introduction to Drama Skills and Terms

Freeze Frames and Still Images
Facial Expressions
Body Language
Thought-Tracking
Improvisation
Mime
Status
Props

Michaelmas 2

Northwood Hall

Physical Theatre
Soundscape
Characterisation
Hot-seating

Lent 1

Y6 Production – Rehearsal

Working as an ensemble theatre company:
Script work
Devising
Entrances and exits
Directing

Lent 2

Y6 Production - Rehearsal

Working as an ensemble theatre company:
Script work
Devising
Entrances and exits
Directing
Sound
Costumes
Props

Summer 1

Y6 Production – Rehearsal and Performance

Working as an ensemble theatre company:
Directing
Sound
Costumes
Props

Performance to Prep School, and to families

Summer 2

The Wild West

Physical skills – characterisation
Unison
Canon
Slow motion mime
Proxemics
Eye contact

Spanish

Michaelmas 1

Celebration of European Day of Languages

Introducing oneself to a partner – writing and speaking a basic conversation

Personality adjectives and adjectival agreement

Brothers and sisters

The verbs tener and ser

Hispanic countries - computer project of research and presentation of information

Día de los muertos

Michaelmas 2

Birthdays

Numbers 1-31 (100) (1000)

Alphabet – spelling of animals

Pets and written pet description

Christmas in Spain

Lent 1

Hobbies, free time and activities

Giving justified opinions

Me gusta/encanta/prefiero/odio + infinitive

Using the negative

Using -ar verbs in the present tense

Día de San Valentín

Spanish

Lent 2

Weather

Sports - when to use hacer and jugar

Techniques for understanding longer texts

Giving justified opinions

Using the negative

Using adjectives

Using -er and -ir verbs

Using 'cuando+ weather + activity/sport + opinion'

Pascua

Summer 1

School subjects and preferences

Describing your school – video project

School break time

Me gusta(n) el/la/los/las

Using the definite and indefinite articles

Consolidation of ar, -er and -ir verbs

Conjugating verbs in present tense

Summer 2

Translation skills

Questioning skills

Speaking and writing work – sentence building skills.

Consolidation of all work covered over the course of the year.

French

Michaelmas 1

European day of languages.

Where is France? where do we speak French in the world?

Talking about ourselves:

- Meeting and greeting
- The alphabet.
- Counting to 31
- Saying your age
- Days of the week, months of the year
- My birthday.

Seeking help and clarification.

French phonics for complex sounds.

A Halloween poem.

Translation skills

Michaelmas 2

Classroom Language:

- School bag items
- Describing your classroom.
- Using the definite and indefinite article.
- Adjective agreement and position.

Hobbies

- sports and musical instruments
- Seeking clarification and help.
- Giving your opinion.
- Using plurals
- Using negatives.

Christmas in France:

- using 'il y a...'
- Using plurals.
- Poetry and authentic texts: writing a christmas poem.

Translation skills.

- designing a Christmas jumper.
- Song: 'La neige tombe'

Science week either:

- The channel Tunnel.
- Les frères Lumière.

Lent 1

Animals:

- using the negative with avoir.

Family members and friends:

- physical description
- using to have and to be.
- the possessive adjective.
- reflexive verbs.
- Guess Who? game

French

Lent 2

Where you live

- Prepositions
- Using connectives and justified opinions.
- Le Château de Chevenny (Loire Castles) and the link to Tintin.

Food and Drink

- Ordering food in a restaurant.
- Reading a menu.
- writing your own menu.
- Translation skills
- Spontaneous language.

Easter in France.

The History of Eating chocolate in France (word art:

Writing complex sentences using negative statements and justified opinion.)

Book week

Comic books (either 'Asterix and Obelix'-Goscinny or 'Tintin'-Hergé

Summer 1

Countries and nationalities

- Talking about your nationality and the nationality of others.
- Conjugating -er verbs and using the third person: il/elle/on.

Weather

Compass points

- using 'il fait'
- seasons and months of the year.
- writing about your favourite place in the world with complex sentences.

-translating an original poem using a dictionary and exploring rhyming and syllables.

Summer 2

Preparation for Year 7 / KS3

- Le Tour de France: describing a jersey: adjective position and agreement.
- Listening, speaking, reading and writing skills.
- Spontaneous language skills.
- Seeking help and clarification in French.
- verbs être and avoir in full.

Mandarin

Michaelmas 1

1. Consonants: Aspirated; Dental
2. Vowels: Single; Combination;
3. Nasals: Front; Back
4. Syllable structure: Media vowel; Independent vowel
5. Tones
6. The relationship between syllable and character;

voiced, aspirated, dental and nasal sounds.
7. Learning about tones.
8. Basic writing rules.

Michaelmas 2

1. Numbers 0-20: telephone number; Personal pronouns; main verbs
2. Birthday: Date
3. Nationalities: Languages
4. Family members: home locations, hobbies
5. Time: What time is it now?
6. More Radicals
7. Revision and Assessment
8. Personal Pronouns: Single and Plural by +们
9. Culture: the story behind numbers
10. Different ways of telling time

Lent 1

1. Daily schedule/routine
2. More Radicals
3. Food and drink names: relevant verbs: 吃 (to eat) and 喝 (to drink)
4. Simple Yes/No questions and answer
5. Means of transportation and relevant verbs
6. Revision and Assessment
7. Making requests: 我要...(I would like to have ...)
8. Action verbs: 骑 / 坐 Ride

Michaelmas 1

Hockey

To be able to make at least 2 of this type of passes and shots

Push pass
Slap pass
Hitting

Using the block tackle safely
Maintain possession while dribbling with the ball, moving around defenders
To be able to perform in a competition with outstanding sportsmanship

Basketball/ Handball

passing, dribbling shooting, defending, game play
Positions and tactical play in attack and defensive
Footwork
Rules, new skills of handball, passing dribbling, shooting, defending
Match play

Michaelmas2

Tag Rugby

To be able to communicate, pass the ball and move into space to receive the ball
To be able to make a safe tackle
To be able to maintain possession momentum by support running
To be able to maintain possession by recycling the ball
To be able to restart the game
To be able to perform in a competition with outstanding sportsmanship

Hockey

To be able to make at least 2 of this type of passes and shots

Push pass
Slap pass
Hitting

Using the block tackle safely
Maintain possession while dribbling with the ball, moving around defenders
To be able to perform in a competition with outstanding sportsmanship

Lent 1

Football-

Passing
Dribbling
Defending and tackling
Shooting
Tactical game play
To be able to perform in a competition with outstanding sportsmanship

Swimming

Lent 2

Netball

Types of passing, chest, bounce and shoulder overhead pass.

Shooting

Defending

Footwork

Match play and understanding different positions and roles within a game

To be able to perform in a competition with outstanding sportsmanship.

Swimming

Summer 1

Athletics

To be able to identify correct sprinting technique

To be able to identify correct pacing strategies for a variety of distances

To be able to identify correct long jumping technique

To be able to identify correct throwing technique

To be able to identify correct technique for relay baton change overs

To be able to identify correct technique for the high jump

Tennis

Sequences

Serves

Forehand

Backhand

Competitive play

Summer 2

Athletics

To be able to identify correct sprinting technique

To be able to identify correct pacing strategies for a variety of distances

To be able to identify correct long jumping technique

To be able to identify correct throwing technique

To be able to identify correct technique for relay baton change overs

To be able to identify correct technique for the high jump

Tennis

Sequences , Serves, Forehand, Backhand , Competitive play

Striking and Fielding-Cricket

To be able to under arm throw and low cradle catch a ball accurately

To be able to over arm throw and high cradle catch a ball accurately

To be able to perform an around the side throw and cradle catch a ball accurately

To perform simple or complex over arm bowling accurately with consistency.

To be able to bat the ball in a variety of ways

To be able to create fielding and batting tactics

To be able to perform in a competition with outstanding sportsmanship

To be able to create fielding and batting tactics

Mandarin

Lent 2

1. Ordering food: express ideas and describe personal preferences
 2. More radicals and Revision 4a whole book radicals.
 3. Weather
 4. Clothing
 5. Revision and Assessment
 6. Adjectives : 饿, 饱, 冷, 热
- Action verbs: 穿, 戴

Summer 1

1. My room
 2. More radicals
 3. Activities
 4. Our school
 5. Review and Assessment
 6. Tense: Present continuous '在'
- Direction words: Left, Right, Up, Down
- There be...sentence structure
- Preposition 在

Summer 2

1. School subjects
2. More radicals
3. Sports
4. More radicals
5. Revise verbs
6. Revise 4b and Assessment
7. To like and to dislike: 喜欢 / 不喜欢

Michaelmas 1

Rights, rules and responsibilities

This unit looks at the reasons for rules and laws, social courtesies, local and national democratic structures. RR56

Healthy & safer lifestyles: Digital

The internet; principals of safe internet use. Assessing: online friendships; media influences; how information is shared. How to report and flag inappropriate behaviour.

Michaelmas 1

Financial capability

This interesting unit teaches children how to plan a budget and how to decide what is a 'want' and what a 'need'. FC56

Lent 2

Anti-bullying

This unit covers managing emotions, with a focus on stress, boredom and worry. It explores how to access support, how to develop assertiveness and problem solving. ME56

Lent 2

Mental wellbeing

This unit covers: identifying the meaning of mental health and ill-health; identifying risks to wellbeing; developing strategies for resilience; knowing when and where to seek help.

Summer 1

Sex and relationship education

This covers: puberty and emotional changes; how babies are conceived and born; the decision to have children; why people get married or enter civil partnerships; different types of families.

Summer 2

Managing Change MMR18 MC56

Positive and negative changes. How people's emotions evolve over time as they experience loss and change. Managing changing friendships and family relationships.

What strategies will help me to thrive when I move to my next school? MW