

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM/PM SNACK	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks
MEAT/FISH OPTION	Fried Cantonese rice	Sausage & mash	Gnocchi with tomato sauce & basil	Lemon & thyme chicken thighs	Fish fingers
VEGETARIAN OPTION	Fried mushroom rice	Vegetarian sausages	Gnocchi with courgette pesto & peas	Tomatoes stuffed with rice & feta	Roast peppers & marjoram frittata
ON THE SIDE	Green beans	Mash, peas & gravy	Broccoli	Roast potatoes	French fries & peas
EVERYDAY	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day
DESSERT	Blueberry & apple crumble	Fruit platter	Chocolate & vanilla pudding	Fruit platter	Coconut Panna cotta and fresh mango
AFTERNOON TEA	-Sweet potato, leek & thyme sausage rolls -Fruit or snack	-Spinach and cheese quesadillas -Veggie sticks and hummus	-Vegetable curry & rice -Fruit or snack	-Colcannon cakes with yogurt & chive sauce -Veggie sticks and hummus	-5 Beans pie topped with sweet potato mash -Fruit or snack

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM/PM SNACK	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks
MEAT/FISH OPTION	Baked pasta with tuna & sweetcorn	Shepherd's pie	Chicken Saag	Tofu Chow Mein	Roast gammon
VEGETARIAN OPTION	Baked pasta with broccoli & sweetcorn	Baked polenta with mushrooms & brie	Saag Paneer	Tofu Chow Mein	Vegetable pasties
ON THE SIDE	Kale	Peas	Basmati rice & green beans	Bok choy	Chips & peas
EVERYDAY	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day
DESSERT	Pear & chocolate crumble	Fruit platter	Muffins	Fruit platter	Choco, banana pudding
AFTERNOON TEA	-Courgette & cheddar quiche -Fruit or snack	-Bubble & Squeak with boiled eggs -Veggie sticks and hummus	-Barley & lentil soup -Fruit or snack	-Jacket potatoes & all the toppings -Veggie sticks and hummus	-Pita pizza with cheese & tomato -Fruit or snack

FOUNDED IN 1997

HOLROYD HOWE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM/PM SNACK	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks	Whole fruit & snacks
MEAT/FISH OPTION	Lamb tagine	Sausage plait	Lentil & kidney bean chilli	Pasta with Bolognese	Fish fingers
VEGETARIAN OPTION	Aubergine & courgette tagine	Potato, cheese & spinach plait	Lentil & kidney bean chilli	Pasta with vegetable sauce	Butternut squash gateau
ON THE SIDE	Moroccan couscous	Parsley, carrot & roasted cauliflower	Tortillas, sour cream, salsa, cheese & sweet corn	Green beans	French fries & peas
EVERYDAY	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day	Jacket potatoes with baked beans, Pasta & tomato sauce, Soup of the day
DESSERT	Rice pudding	Fruit platter	Chocolate mousse	Fruit platter	Custard and jam cake
AFTERNOON TEA	-Pasta with tomato sauce -Fruit or snack	-Courgette & lentil moussaka -Veggie sticks and hummus	-Stir fry noodles -Fruit or snack	-Carrot, courgette & feta muffins -Veggie sticks and hummus	-Butternut squash biryani -Fruit or snack