




















WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Roasted tomatoes and basil soup	Curried sweet potato soup	Parsnips and granny smith apple soup	Smoked paprika sweet corn soup	Tuscan borlotti beans and rosemary soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
MAIN MEAL	Ultimate fish fingers ciabatta	Saffron and cardamom Lamb biryani 	Cottage pie with steak mince and maris pipers mash	Smoked bbq chicken thighs 	Wholemeal Pizza with mozzarella and spicy pepperoni 
MEAT FREE	Lebanese falafels and roast peppers ciabatta	Cumin marinated Butternut squash and roast cauliflowers biryani	Welsh Leek, cup mushrooms and tarragon pie	Halloumi and Mediterranean vegetables skewers with salsa verde	Wholemeal Pizza with mozzarella and basil
ON THE SIDE	French Fries, minty peas, slice lettuce, tomatoes, tartare sauce	Green beans with lemon and coriander dressing 	Thyme roasted parsnips and carrots 	Sweet potato and kidney beans brown rice. Southern corn bread and coleslaw 	Roasted Wedges & peas 
DESSERT	Roasted peaches and berries oat crumble served with fresh custard	Fruit platter	Salted caramel banoffee pie	Fruit platter	Raisin and oat Flapjack
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar as well as daily options of pasta and jacket potatoes				

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Revithia, Greek chickpea soup	Broccoli and stilton soup	Tuscan beans and rosemary soup	Green lentils soup	Leek and potato soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
MAIN MEAL	Greek chicken gyros 	Cumberland sausages	Lasagne alla Bolognese 	Old Delhi Butter chicken 	Fish Fingers
MEAT FREE	Roasted Aubergine, sundried tomatoes and chickpea patty 	Mushroom and tarragon sausages	Radicchio and ricotta Lasagne 	Paneer Makhani	Curried root vegetable pasties 
ON THE SIDE	Lemon and thyme roast new potatoes, Flat bread, Tzatziki, pickled cabbage	Mash, peas & gravy	Roasted cauliflowers	Basmati Rice, garlic and coriander naan bread. Steamed green beans	Chips and peas
DESSERT	Steamed Syrup pudding	Fruit platter	Victoria Sponge	Fruit platter	Dark chocolate Brownies
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar as well as daily options of pasta and jacket potatoes				

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Creamy cauliflower and parmesan soup	Coriander and cumin carrot soup	Butternut Squash and sage soup	Mushroom and chives soup	Courgettes and mint soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
MAIN MEAL	Hoisin beef noodles 	Lancashire hotpot	Mexican Chipotle Pork and beans 	Smoked Haddock and salmon fish pie	Japanese Katsu curry 
MEAT FREE	Hoisin mushrooms and tofu noodles 	Butter beans and marjoram courgettes hot pot 	Mexican roasted peppers and beans chipotle 	Broccoli and mature Cheddar quiche 	Aubergine katsu curry
ON THE SIDE	Sautéed Chinese cabbage	Mash and minty peas	Corn tortillas, brown rice, avocado salsa, sour cream, pickled jalapenos	Carrots and cauliflowers with parley and olive oil	Sticky rice, steamed broccoli and Katsu sauce
DESSERT	Far Breton	Fruit platter	Traditional sticky toffee Pudding	Fruit platter	Zingy Lemon Drizzle
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar as well as daily options of pasta and jacket potatoes				