

NURSERY WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken in a creamy mushroom sauce	Sausage and mash	Mac and cauliflower cheese	Roast chicken	Soft tomato and basil focaccia with dips
MEAT FREE	Mushroom and spinach stroganoff	Plant based sausage and mash	Mac and cauliflower cheese	Vegetable pad thai	Soft tomato and basil focaccia with dips
ON THE SIDE	Basmati rice and vegetable panache	Peas and gravy	Thyme roasted parsnips and carrots	Rice and steamed broccoli	Thick cut chips and steamed peas
DESSERT	Summer fruit slice	Fruit platter	Poached pears and crème fraiche	Fruit platter	Chocolate brownies
EVERYDAY	Pasta with tomato sauce and jacket potatoes				
AFTERNOON TEA	Butternut squash and cheese pancakes	Chickpea curry and bread	Selection of sandwiches and crudites	Jacket potato with baked beans, cheese and coleslaw	Broccoli and mozzarella baked

NURSERY WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Soy chicken fried rice	Minced beef and onion pie	Pork and plums meatloaf	Beans chilli and cheese	Fish fingers
MEAT FREE	Mushroom fried rice	Cheese and butter beans pie	Cauliflower and spinach burgers	Beans chilli and cheese	Asparagus and chives quiches
ON THE SIDE	Roasted broccoli and peppers	Mash, peas & gravy	Sweet potato wedges	Brown rice and sweet corn	Thick cut chips and peas
DESSERT	Classic rice pudding	Fruit platter	Seasonal fruit crumble and custard	Fruit platter	Chocolate Budino
EVERYDAY	Pasta with tomato sauce and jacket potatoes				
AFTERNOON TEA	Jacket potato and toppings	Selection of sandwiches and crudites	Vegetables stir fry noodles	Gnocchi alla romana	Mozzarella and tomato pasties



NURSERY WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Lamb kofta	Pollo alla pizzaiola	Classic beef lasagna	Ham and cheese baked crepes	Soft tacos al pastor
MEAT FREE	Aubergine falafels	Zucchine alla pizzaiola	Asparagus and peas white lasagna	Spinach and brie baked crepes	Butternut squash and feta soft tacos
ON THE SIDE	Flat bred, tzatziki, Roasted Mediterranean veg	Lemon green beans	Carrots and broccoli	Cauliflowers and parsley dressing	Rice, salsa and sliced avocado
DESSERT	Cookies	Fruit platter	Marble cake	Fruit platter	Lemon and poppy seeds muffins
EVERYDAY	Pasta with tomato sauce and jacket potatoes				
AFTERNOON TEA	Potato rosti with apple sauce and green beans	Cold seasonal soup and freshly baked bread	Rice salad and boiled eggs	Selection of sandwiches and crudites	Cauliflower cheese and garlic bread

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS