WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Roasted tomatoes and basil soup	Summer vegetables minestrone	French onion soup	Roasted celeriac, bacon and thyme soup	Cannellini, lemon and courgette soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
CLASSIC	Creamy garlic and lemon chicken	British Cumberland sausages	Mac and cauliflower cheese with crispy bacon topping	Stir fry noodles with chicken and prawns	Wholemeal pizza with mozzarella and spicy pepperoni
NOURISH	Bubble and squeak with fried egg	Plant based Cumberland sausages	Mac and cauliflower cheese with crispy onions	Stir fry mushroom and tofu noodles	Wholemeal pizza with mozzarella and basil
ON THE SIDE	Brown rice and seasonal vegetable panache	Maris pipers mash with peas, carrots and mustard gravy	Steamed broccoli	Lemongrass sautéed green beans	Smoky French fries and steamed peas and sweetcorn
DESSERT	Apple and cinnamon pie served with custard	Fruit platter	Apricot jam crostata	Fruit platter	Belgian waffle bar
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar, fresh fruit and daily options of pasta and jacket potatoes				

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Beetroot borscht with sour cream	Potato and onion with rosemary olive oil	Andalusian gazpacho	New Delhi lentil dahl	Watercress and wild garlic soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
CLASSIC	Sweet and sour chicken with roasted pineapple	Traditional cottage pie	BBQ Pulled pork	Spicy refried beans and cheese enchiladas	Battered haddock filet battered Cumberland sausages
NOURISH	Sweet and sour Quorn vegan nuggets with roasted pineapple	Leek and green lentil pie	BBQ Pulled Portobello mushrooms and smoked scamorza	Spicy refried beans and cheese enchiladas	Chard, parmesan and potato frittata
ON THE SIDE	Ginger steamed rice and green beans	Peas & onion gravy	Brioche Bun, cheesy sweetcorn, smoked paprika wedges, coleslaw. Gherkins and jalapenos	Brown rice, sweet potato, lime and chilli salsa	French fries, peas, mushy peas and curry sauce
DESSERT	Pear and vanilla granola crumble served with warm custard	Fruit platter	Treacle tart	Fruit platter	Black forest cake
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar, fresh fruit and daily options of pasta and jacket potatoes				

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Creamy cauliflower and parmigiano soup	Carrots and orange soup	Spicy ginger and Thai basil broth	Roasted mushroom and chives soup	Oriental butternut squash and coconut soup
	Our daily freshly made soup is served with bread, croutons and a selection of toppings				
CLASSIC	Rosemary and thyme roasted chicken	Hungarian Pork Goulash	Classic beef lasagne alla Bolognese	Chicken and leek pie	Tomato and basil meatballs served in a crispy ciabatta
NOURISH	Stuffed Courgettes with brie and parmesan herby breadcrumb	Mushroom and butter beans goulash	Lasagne with lentils and spinach Bolognese	Cauliflower and cheddar pie	Roasted aubergines, mozzarella and rocket pesto served in a crispy ciabatta
ON THE SIDE	Roasted new potatoes, lemon and mustard green beans-mangetout Gravy	Mashed potatoes and sautéed cabbage	Broccoli and cauliflower with parsley oil	Roasted parsnip and carrots	Rosemary fries, selection of toppings. Roasted peppers and red onions
DESSERT	Chocolate and vanilla marble cake served with berries compote	Fruit platter	Rocky Road	Fruit platter	Sticky toffee pudding
EVERYDAY	We offer a lighter alternative of freshly prepared salad bar, fresh fruit and daily options of pasta and jacket potatoes				

BRONZE SCHOOL AWARD

Soil Association